

Umbiko wenhlanganiso yezenkolo ngamalungelo ezempilakahle aphathelane lezemacansini lezozalo

“Sidalwe ngomfanekiso kaNkululunkulu”

Abakhokheli bezenkolo emazweni aseNingizimu yaseAfrika bakhankasela amalungelo abantu bonke mayelana lezempilakahle eziphathelane lezemacansini lezozalo.

1. ISINGENISO

Thina, njengamalunga enhlanganiso zenkolo, sikholelwa ukuthi ngeke sime sibukele abantu bakithi befuna ulwazi oluphathelane lamalungelo ezempilakahle mayelana lezemacansini lezozalo (Sexual and Reproductive Health and Rights) emazweni aseNingizimu yaseAfrika lapho okubhubha khona abantu abalinganiselwa etshumini kusiya kutshumilantantu lamaphesenti (10-13 %) emhlabeni wonke,¹ kanti abesifazane abazithwala bengakafikisi amatshumi amabili eminyaka bengamaphesenti angamatshimi ayisificamunwe munye lanhlanu (95%) emhlabeni wonke jikelele,² besekuthi igciwane lengculaza libalelwa ekuthini umuntu oyedwa kwabahlanu abalemnyaka elitshumi lanhlanu (15) kusiya kwabelminyaka engamatshumi amane lasificamunwe munye (49) elegciwane.³ Inhlanganiso efundisa ukuthi amantombazana awasomakoti, ebizwa ngokuthi Girls Not Brides⁴ ngesiNgisi, ilinganisela ukuthi “emazweni angamatshumi amabili (20) alamanani aphezulu okwendiswa khona abantwana, alitshumilahlanu (15) awo aseAfrika”.⁵ Emazweni angaphansi kwenkaba yaseAfrika, kulinganiselwa ukuthi amatshumi amathathu lasificamnunwe-munye EKHULWINI (39%) amantombaza enda engaphansi kwetshumi lasificaminwe-mibili iminyaka (18), besekuthi itshumi lantathu ekhulwini (13%) enda engakahlanganisi itshumi lanhlanu (15).⁶ Omakoti abasesengaphansi kweminyaka esemthethweni batholakala kakhulu emaphandleni, kanti njalo yibo abangabayanga kakhulu njalo abangafundanga.⁷ Inhlanganiso zenkolo ziyatholakala kuwo wonke lawo mazwe.

Sisonke silomlandu njengenhlanganiso zenkolo ukuthi sisebenzise ubukhokheli bethu ukuze sifundise siphinde sikhuthaze ukufinyeleleka kolwazi lwamalungelo empilakahle mayelana lezemacansini lezozalo olufaneleyo ngokweminyaka langomumo. Siyakwamukela ukuthi emazweni alitshumi lantathu (13) phakathi kwalitshumi lanhlanu (15) eSADC alemithetho ephathelane lamalungelo empilakahle mayelana lezemacansini lezozalo, kodwa eminye yaleyo mithetho midala njalo mayelana lwamalungelo empilakahle mayelana lezemacansini lezozalo lwenhlanganiso yamazwe angeNingizimu yezwekazi (Southern African Development Community SRHR Strategy) ukusuka kumnyaka ka2019 kusiya ku2030).⁸



Njengenhlanganiso yenkolo emazweni aseNingizimu yezwekazi leAfrika, kade sikhangelane, kanti njalo sizaqhubeleka lendaba eziphathelane lempilakahle mayelana lezemacansini lezozalo. Besiphatheke kakhulu ekwenqabeleni kanye lasekubhekaneni lenhlupo zabantwana abazithwala besesebancane njalo bengazimisela, ukwenda kwamantombazana ngaphansi kweminyaka, udlakela oluphathelane lobulili kune legciwane lengculaza.⁹ Loba sikwamukela ukuthi “impumelelo yethu ibingasisuthisi ngokupheleleyo, ezikhathini sikhuthaza intuthuko lokuvikeleka, kwezinye izikhathi sincidezela amalungelo abantwana abatsha kanye lokuhlaliseka kwabo,”¹⁰ sizimisele ukuzama ukujulisa lokuthuthukisa imizamo yethu yokukhuthaza amalungelo empilakahle mayelana lezemacansini lezozalo. Sisebenzisa imfundiso zenkolo zethu ezahlukileyo njengesisekelo sizama ukukhuthaza impilakahle lokuhlaliseka kwamalunga ethu.

Umbiko lo uqukethe imibono yabakhokheli bezenkolo ezahlukileyo esemigangathweni eyahlukileyo mayelana lokufundisa abantu abasendaweni ezilenkinga eziphathelane lamalungelo empilakahle mayelana lezemacansini lezozalo emazweni aseNingizimu yaseAfrika.

2. UKUZWISISA KWETHU UKUQAKATHEKA KWAMALUNGELO EZEMPILAKAHLE MAYELANA LEZEMACANSINI LEZOZALO

Njengenhlanganiso zenkolo, siyakhuthazwa ukuthi sifinyelele "esiqwini somuntu ngokupheleleyo," okutsho ukuhlolisia zonke izinto eziphathelane lomuntu. Sihlnganisa zinkolo zethu ezahlukileyo ukuze silungiselele umzimba, inhlalo, umoya, imizwa, umsebenzi, ulwazi, ipolitiki, ukuvikeleka, umnotho kanye lomomo umuntu ngamunye aphiла phakathi kwavo. Konke lokhu kudlala indima enkulu ekuhlalisekeni komuntu. Ngokunjalo, indaba eziphathelane lamalungelo empilakahle mayelana lezemacansini lezozalo ziyniska yobuni bethu njengenhlanganiso zenkolo. Sizazi kakuhle inkinga abatsha ababhekane lazo mayela lamalungelo empilakahle mayelana lezemacansini lezozalo emazweni aseNingizimu yaseAfrika.

"Siveza ubuso bukaNkulunkulu obulothando engxoxweni eziphathelane lamalungelo empilakahle mayelana lezemacansini lezozalo"

Father Oliver Siande

Ngokucacileyo, sinkenyiswa yikwanda kwezhelakalo zokuzithwala kwabantwana abangaphansi kwamatshumi amabili eminyaka, udlakela oluphathelane lobulili kanye lokwanda kwabesifazane abatsha abalegciwane lengculaza emazweni aseNingizimu yaseAfrika.¹¹ Siyakubona njalo lokuhlukuluzwa kwabantu besebenzisa inkundla zebulenjeni lezinye ezinengi emiphakathini yethu, ikakhulu ebantwaneni lasebantwini abatsha.

Sihleli sixoxisana labantu, imuli kanye lemiphakathi futhi umomo wethu muhle ukuthi sikhuthaze imizamo yokuthuthukisa impilakahle epheleleyo. Seluleka umuntu

Ilungelo labo bonke abantu ukuthi bafinyelele ulwazi, imininingwane loncedo oluphathelane lemilandu yabo mayelana lempilakahle, ezemacansini lezozalo, ngasikhathi sinye bebambelele ebuntwini lekuhlonipheni wonke umuntu. Amalungelo aphathelane lezempilakahle mayenalana lezemacansini lezozalo avexa injongo yokuthi bonke abantu babe yilokho abakudalelwayo lokuthi nahlonitshwe njengabantu abapheleleyo.¹²

ngamunye "esuka esiswini sikanina aze aye ethuneni" okwenza sibe mqoka ekuphumeleleni kwenhlelo zokukhuthaza amalungelo empilakahle mayelana lezemacansini lezozalo ezigaben, elizweni kanye lasemazweni

wonke aseNingizimu yaseAfrika. Sisuka emabandleni ahlukileyo, sibona amalungelo empilakahle mayelana lezemacansini lezozalo ngalolu hlolo:

Ukholo lwethu lukhuthaza abantu bonke, kugoqela abantwana lentsha, ukuthi bathole ulwazi oluphilisayo. Ukfufineleka kolwazi lwamalungelo empilakahle mayelana lezemacansini lezozalo olufaneleyo ngokweminyaka mayelana lokusebenza kwemizimba kunganceda ukuthi abantu baziphathe kahle mayelana. lezemacansini kanye lekwenqabeleni udlakela, kuncede wonke umuntu ukuthi abesesimeni sokusebenzela intuthuko yelizwe lamazwe aseNingizimu yeAfrika.



Sikhuthaza amalunga ethu ukuthi adinge ulwazi oluphathelane lamalungelo empilakahle mayelana lezemacansini lezozalo ukwenzela ukuthi asebenzise lolo lwazi kanye lemfundiso zethu ukuze bakhetha kahle mayelana lempilo yabo. Ukudinga ulwazi kumqoka emfundisweni zenkolo zethu njengoba kuchaziwe ngaphansi.

Ngokuthuthukisa inhlelo zamalungelo empilakahle mayelana lezemacansini lezozalo, inhlanganiso zethu zenkolo eNingizimu yaseAfrika zizakube zdilala indima yokufezekisa izinjongo zentuntuko elondolozekayo (Sustainable Development Goals). Lezi njongo zihambisa lokholo lwethu. Njengesibonelo, ukuzinikela lokusebenzela amalungelo empilakahle mayelana lezemacansini lezozalo kuzancedisa ekufezeni injongo yesithathu (SDG 3), "Ukuqinisekisa ukubakhona kwempilakahle lokuhlaliseka emuntwini wonke kungkhathelekle ubudala bakhe," kanye lenjongo yesihlanu (SDG 5), "Ukufezekisa ukulingana phakathi kwabesilisa labesifazane kanye lokuthuthukisa bonke omama lamantombazana."

Imibhalo yethu engcwele, imfundiso, amasiko kanye lokuhlolisa kuyasikhkhela ekulwelweni amalungelo empilakahle mayelana lezemacansini lezozalo. Inkolelo zethu ezimqoka zichaziwe ngaphansi.

2.1. Sidalwe ngokulingana

"KuNkulunkulu sonke silobuso obunye"

Imam Lawrence Tsuro

Siqinisekile njalo siyayihlonipha inkolelo ethi abesilisa labesifazane badalwa ngokulinganayo. Siyavuma ukuthi ngezikathhi ezinengi imfundiso yethu, indlela esifunda ngayo imibhalo yethu engcwele kunye lendlela esiqhuba ngayo ayilisekeli lelo qiniso elimqoka. Kanengi sisebenzise indlela ezinxele zokuzwisa imibhalo engcwele ukuvumela abafana lamadoda ukuthi babe lamathuba amanengi kulamantombazana labomama. Lokho kube lempumela ezimbi kakhulu emulini zethu kanye lasemphakathini wonke jikelele. Ukubandlululwa kwamantombazana labomama kumise intuthuko emulini, ezigabeni, lasemazweni ethu linye ngalinye kumbe ewonke.

Ukholo IwesiBhahayi

Umhlaba wobuntu ulamaphiko amabili – olunye wongesifazana kanti olunye ngolwesilisa. Inyoni ngeke iphaphe nxa engakakhlu aqina womabili lamaphiko. Olunye uphiko lungahlala lungaqinanga, ngeke iphaphe. Ngokufanayo ke, nxa umhlaba wabesifazana ungakalingani lowabesilisa ngokuthola ubuqotho lentuthuko, ngeke kubekhona ukuphumelela okupheleleyo.

Kucutshwe emibhalweni ka-'Abdu'l-Baha, Indima. 227, p.302

Ukholo IwesiKhrestu
"Akusekho umJuda noma umGirikhi, akekho oyisigqili noma okhululekileyo, futhi akekho owesilisa noma owesifazane, ngoba lonke limunye kuKhrestu uJesu."

KwabaseGalatiya 3:28

IsiMozilemu

"Abakholwayo, obaba labomama, bangabalingani omunye komunye. Bafundisa ubuqotho baphinde baxwaye okubi. Bayayihlonipha imithandazo (salat) baphinde banike iminikelo (zakat), kanti njalo bayamhlonipha uNkulunkulu loMphorofitha oyisithunywa sakhe. Yibo labo uAllah azakuba lomusa kibo" (Incwadi yeKhorani, 9: 71). **Corão 9:71**

Sizama ukukhuthaza ukufundwa kwemibhalo okulempumela eyakhayo okuzabonisa ukuhlonitshwa kwabantu bonke. Inhlanganiso zethu zenkolo zizaqhube ka zizama njalo zibonisa inkolelo ethi bonke abantu, bayalingana kungakhathalekile ubulilili babo.

Ukuphatheka kumalungelo empilakahle mayelana lezemacansini lezozalo kwenhlanganiso zenkolo emazweni angeNingizimu kukhuthazwa zinkolelo ezilandelayo:

• Ukuveza ubuso bukaNkulunkulu

Sibona abantu njengezidalwa "ezenziwe ngenkulu inhlonipha langobukhulu ubunono" (Psalm 139:14) njalo "bonke bedalwa nguNkulunkulu" (Quran 39: 6). Inhlanganiso zethu zenkolo ziyazinikela kumalungelo empilakahle mayelana

lezemacansini lezozalo ngoba kuyindlela encedisa abantu ukuthi bathuthuke njalo bakholise impilo zabo ngokupheleleyo njalo langokubasuthisayo. Wonke umuntu uqakathkile, kufanele ahlonitshwe njengoba engumfanekiso kaNkulunkulu. Abantu badalwe baba lesidima. Ngokunjalo, indlela esibona ngayo amalungelo empilakahle mayelana lezemacansini lezozalo ayibandlululi ngoba sizama ukuqinisekisa ukuthi wonke umuntu athole ulwazi loncedo oluphezulu sikhokhelwa zinkolo zethu.

• Ukunakekela ngothando



Inkolo zethu ezhukileyo zicacile: sisonke umuntu munye ngamunye silomlandu wenhlalo enhle yomuntu munye ngamunye phakathi kwethu. Singabondli labakhuseli 'babafowethu labodadewethu'. Njengabantu, asiphili ngaphandle kokuba lobudlelwano phakathi kwethu. Amasiko ethu ngokwahlu kwavo asifundisa ukuthi silomlandu wokunakekelana. Emazweni aseNingizimu yeAfrika, ubuntu buthi, "ngiyimi ngoba wena unguwe, ngenxa yokuthi siyithi, lami ngiyimi," okuyinkolo ekhuthaza ukubambana. Ngokunjalo, ngenxa yeneko zethu, siyaphakama labantwana, abatsha labadala ekulweleni amalungelo mayelana lezemazansini lezenzalo. Ngakho silomlandu wokunakekela amantombazana azithwalayo engakafikisi amatshumi amabili eminyaka, oniwe ngabafana abasesengontanga, kanye labatsha abaphila ngemva kokuhukuluzwa ngodlakela oluphathelelane lobulili.

• Isidima emuntwini wonke

Ukweyisa lokubandlulula abanye abantu kuphikisana lemithetho emqoka yeneko zethu. Njengabantu abakholwayo, siqakathkisa ukubaluleka lesidima somuntu wonke. Asifuni budlelwano lalabo abahlasela abanye, babadelele baphinde bababandlulule egameni lokholo. Sikholwa ukuthi bonke abantu kufanele bahlonitshwe njalo isidima sabo singaphazanyiswa. Isidima somuntu siyinsika yendlela esibona ngayo amalungelo empilakahle mayelana lezemacansini lezozalo emulini, ezigabeni, elizweni ngalinye lasemazweni wonke angeNingizimu yaseAfrika. UGenesisi 1: 27 ekholweni IwesiKhristu ufundisa ukuthi umuntu wadalwa ngomfanekiso kaNkulunkulu. Isidima somuntu, esibiza ngokuthi yikharama enkolweni yamaMozilemu sigcizelelwu kuvesi yeKhorani ethi: "Sibeke isidima ebantwaneni bakaAdamu ... saphinde abanika izibusiso ezinkulu ngapezu kwazo zonke izidalwa zethu."

(17:70). Kunkolo yesiBhahayi, ukulingana lesidima somuntu kubonwa ngendlela efanayo kwabesifazane labesilisa: "Abesifazane balamalungelo afanayo lawabesilisa emhlabeni, ekholweni lasemphakathini njalo babaluleke kakhulu. Nxa abesifazane besenqatshelwa ukuveza izakhono zabo ngokupheleleyo, labesilisa abasoze baphumelele ekuboniseni ubukhulu babo." (Abdu'l-Baha: "The Promulgation of Universal Peace")

• Unembeza

Unembeza womuntu ngamunye esebezisana lembihalo yethu engcwele, imfundiso lamasiko, udlala indima enkulu ekulweleni amalungelo empilakahle mayelana lezemacansini lezozalo. Inkolo zethu azahlukileyo ziyavumelana ukuthi uNkulunkulu wanika umuntu unembeza. Leli 'lilizwi elingaphakathi' elenza

abantu benkolo ezahlukaneyo bahlukanise okuhle kokubi. Unembeza yisipho esilamandla esenza abantu abakholwayo babhekane lendaba ezinzima zamalungelo empilakahle mayelana lezemacansini lezozalo bencediswa layimibhalo yethu engcwele lemfundiso samasiko ethu.

2.2. Indima yokholo ekukhuthazeni umthetho onceda wonke umuntu

"Ukonwa ngokomthetho komunye wethu yikuniwa kwethu sonke njenganhlanganiso yenkolo. Kufanele sibuyele ebantwini esibizelwe ukubanceda hayi ukuhlala ezikhundleni."

Bishop A.M.Mnisi

Esinye isimiso esisikhkhelayo ekulwelweni amalungelo empilakahle mayelana lezemacansini lezozalo ngesokuthi ukholo kufanele kuncede wonke umuntu ancedwe ngumthetho. Ukholo alukude njalo alwehlukananga lempilo yasemhlabeni. Ngokweqiniso, ukholo kufanele luhphilwe luhhinde lubonakaliswe ngokupheleleyo. Indlela esiphila ngayo ngokholo ikhokhelwa yisimiso esithi: Ungakhubazi.

Ukholo lamasiko ethu kuyinsika empilweni yabathembekileyo. Sizama ukukhkhela abakholwayo ukuze babhekane ngcono lobunzima bempilo. Sikhokhelwa ngumoya wothando, ukwamukela, uwelo kanye lokubambana. Ngokunjalo, sizimisele ukukhapha lokuhamba labakholwayo. Sizama "ukulalela ngothando," ikakhulu ngokwamukela ukuthi abantwana labatsha balakho ukwenza amaphutha. Loba kunjalo, sikuthatha njengomlandu wethu ukuthi ukufinyeleleka ebantwini lasezimulini nxa zibhekana lempilo emazombezombe, impilo ethi ilenjabulo iphinde ibe lobunzima.

2.3. Hambisa ilizwi: Ukusebenzisa inkundla ezikhona ngaphakathi langaphandle

"Hamba indlela le yokholo lathi. Imfundiso zeBhahayi zithi imfundiso iqakatheke kakhulu. Nxa ngingazifundiseli umntwana wami, kungumalandu wami ukufundisa umntwana womphakathi."

Abdia Naidoo

Sesiphatheke ngokusemazingeni ahluyleyo endabenizamalungelo ezempilakahle mayelana lezemacansini lezozalo loba sivuma ukuthi singenza ngcono kakhulu. Njengesibonelo, ezinye inhlanganiso zokholo sezilezisekelo lezikohkhelo zokulwisanalendaba zamalungelo ezempilakahle mayelana lezemacansini lezozalo ezixile ekholweni. Abanye bakhkhela imikhankaso elwisa udlekela oluphathelane lobulili, imikhankaso egoqela "Iziggoko ezimnyama ngoLwesine". Ezinye inhllelo zigoqela ukuxoxisana labantwana labatsha, ezokucubungula ubudlelwano bemibhalo yethu engcwele kunye lamalungelo empilakahle mayelana lezemacansini lezeozalo, ukukhuthaza indlela zokuphila eziphathelane lobulili ezikhululayo endaweni yamasiko ancindzelayo. Silezikolo lezempilo ezinika uncedo lolwazi oludibanisa ukholo lwethu kanye lamalungelo ezempilakahle mayelana lezemacansini lezozalo. Lapho ukholo olungasivumeli khona, silayela abantu abafuna uncedo kithi kwezinye inhlanganiso ezingenza ngcono kakhulu kulathi. Loba kunjalo, sizimisele ukuqhube inhllelo ezilandelayo ukuze sithuthukise njalo siqinise indlela esibhekana ngayo lendabala zamalungelo ezempilakahle mayelana lezemacansini lezozalo.

• Uktshumayeleta enkundleni ezingcwale

Kulicebo elihle kakhulu ukusebenzisa inkundla zethu ezingcwale ukuthi sihambise imibiko eyakhayo ngamalungelo ezempilakahle mayelana lezemacansini lezozalo. Sisemineni



**UKHOLO LWESIBAHAYI
LULWISANA LODABA
LOKUYA EMACANSINI
PHAKATHI KWEZIHLBO
LOKUTSHAPHAZANA
NGEZEMACANSINI PHAKATHI
KWEMULI**

Eminyakeni edluleyo, kwenzeka ukuthi imuli ethile ibe ngamalunga amatsha okholo lwestiBhahayi. Kungekudala imuli le isanda kungena ebandleni, enye intombaza engakafikisi amatshumi amabili eminyaka kuleyo muli yazithwala. Ngaleso sikhathi manengi amantombazana aleso sigaba ayesesimeni esifanayo. Ngemva kokubonakala kwesisu intombazana le yaqala ukulova kuzo zonke inhlelo zebandla kwaze kwathi ngemva kokubeletha yaqala njalo ukuza ebandleni kungelangcazelo. Loba kwabanjalo, ibandla lezwa

ukuthi intombazana le yayitshaphazwe kakubi, kwathi ngemva kokuxoxisana lemuli kwatholakala ukuthi uyise nguye owayendlwengule indodakazi yakhe.

Lokho kwaba yinto eyethusayo njalo ibandla kwakufanele libhekane lalolo sizi oludanisayo ukuze lisize intombazana kanye lemuli yonke. Ngokuchwayisisa langokufuna uncedo lwabalolwazi ngendaba ezinje emphakathini wamaBhahayi, imuli yathatha amanyathela okuthi lowo baba, okwaye kwabikwa ukuthi wayesewenze kanengi umkhuba wakhe kwamanye amantombazana labomama esigaben, ajeziswe. Ngempela wabotshwa wagwetshwa.

Ngelishwa intombazana isaphila ngokwesaba ngenxa yalokho kanti lendodana yayo ihlukumezekile

ngomumo wokuzalwa ngawo. Amanye amalunga emuli lawo aphatheka kabi kakhulu okwenza okuthi bathuthele kwenye indawo bebalekela ukubhekana leqiniso lekhaya labo elinzima.

Indaba le iliqiniso ibonisa nje kancane izithelo ezingapheliyo zalolu hlobo lokuhlukuluzwa. Intombazana lemuli yayo yathola uncedo enhlanganisweni yokholo lenhlelo zayo. Umama wentombazana wasebenzela ibandla ngasikhathi sinye ezama ukuthi athole uncedo waze wabhubha. Intombazana yona lendodana yayo basaqhubeka befuna uncedo lokwelulekwa lokududuzwa njalo ezinye insuku zingcono kulezinye. Kungenzeka ukuthi bafune uncedo lolo okwempilo yabo yonke. Umpifikathi wamaBhahayi usaqhube ka uncedisana lemuli le.

esihle sokufinyelela abantu abanengi abahlangiswa zinkonzo ensukwini zeviki ezahlukileyo. Sizama ukusebenzisa wonke amathuba esilawo ukuhambisa imibiko ephilisayo ngamalungelo ezempilakahle mayelana lezemacansini lezozalo sisebenzisa inkundla ezingcwele esilazo emiphakathini yethu. Sikhankasela izikhokhelo zentshumayelo ezizathuthukisa ukufundwa kwemibhalo engcwele ziphinde zenqabele ukusetshenzisa kwayo nxelo.

• Imisakazo yezigaba

Endaweni ezinengi, inhlanganiso zethu zenkolo zilemisakazo yezigaba. Sizimisele ukusebenzisa kakhulu leyo misakazo ukwabelana lozulu ulwazi ngamalungelo ezempilakahle mayelana lezemacansini lezozalo. Imisakazo le iluncedo kakhulu ekwabeni imibono, ulwazi kanye lendlela zempilo ngamalungelo ezempilakahle mayelana lezemacansini lezozalo emiphakathini yethu. Ihambisa ulwazi kulabo bantu abangafinyeleki lula esibakhokhelo, ngasikhathi sinye sibhekana lobunzima obuphatelane lezempilo yabo, ezomnotho, amasiko, ezemfundu ezempilakahle, indaba yamanzi lokuhlanzeka kanye lendaba eziphatelane lengozi zemvelo.

• Ukubhala

Laloba inhlanganiso zethu zokholo ziphathuka enhlelwani zamalungelo ezempilakahle mayelana lezemacansini lezozalo, izikhathi ezinengi lezo nhlelo akubhalwa ngazo. Enye inkinga enkulu ebisilayo yikuphatheka enhlelwani ezinengi ezinjalo kodwa singabhalo ngazo. Ngokunjalo, sesizimisele ukuqhuma uhlelo olucacileyo lokubhala ngemikhaksu yethu ephathelane lamalungelo ezempilakahle mayelana lezemacansini lezozalo. Lokho kulicebo elihle lokulandeleva lokuhlolwa kwemisebenzi yethu. Inkolo zethu zisinika umlandu wokusebenza ngokulempumelelo

lokusebenzisa kahle esilakho lesikhathi sethu, ngakho ukubhalwa, ukulandeleva lokuhlolwa kwemisebenzi yethu akukutsha kithi. Sizazama ukukhanda amasampuli amaripoti acacileyo afana lamanye esiwasebenzisayo kweminye imisebenzi yethu.

• Ukuxoxisana lamaqembu ahlukileyo phakathi kwenhlanganiso zethu zenkolo

Siyaqaphela ukuthi inhlanganiso zethu zibunjwe ngendlela ezenza ukuthi inhlelo zokukhankasela amalungelo ezempilakahle ziqhutshwe kakuhle langempumelelo. Inhlanganiso zethu ezinengi zibunjwe ngokweminyaka lobulili; njengesibonelo, kukho amaqembu abatsha, awabomama kanye lawabobaba. Sizimisele ukusebenzisa amaqembu anjalo enhlanganisweni zethu ukuze situthukise inhlelo zethu zamalungelo ezempilakahle mayelana lezemacansini lezozalo.

• Ukusebenzisana labanye

Enye yenkinga esesihlangane lazo enhlanganisweni zethu zokholo yikuthi sisebenza sodwa singasebenzisani labanye. Lokho kuvame ukusenqabela ukusebenzisana labanye abaphathekayo njalo abangancedisa endaben yamalungelo ezempilakahle mayelana lezemacansini lezozalo. Abanye labo bangagoqela izisebenzi zezemilikahle, ababalisi, abezopolitiki, abezomthetho labanye.

Ngezikhathi ezinengi, labo bantu bangamalunga enhlanganiso zethu zokholo. Ngakho, sifisa ukuthi sibe lenjongo ecacileyo ekusebenzisaneni labanye abantu ekubhekhaneni lendaba zamalungelo ezempilakahle mayelana lezemacansini lezozalo emiphakathini yethu.

- **Ukwabelana lezinye inkolo**

Siyakuboona ukuqakatheka kokusebenzisana njengabantu abakholwayo. Loba abanye bezama ukukhulisa ukwahlukana lokuncintisana, thina sikhetha ukusebenza ndawonye ukuze singqobe inking eziphathelane lamalungelo empilakahle mayelana lezemacansini lezozalo. Imibhalo yethu igcizelele

ukubaluleka kokusebenza ndawonye ngenjongo eyodwa enhle. Silethemba ukuthi ngokwabelana ulwazi lezakhono labanye abantu abakholwayo sizakwazi ukusungula inhlelo eziphucukileyo zamalungelo empilakahle mayelana lezemacansini lezozalo. Lokho kuzawathuthukisa njalo kuwenze abe lempilikahle amazwe ethu aseNingizimu yaseAfrika.

IMITHOMBO YOLWAZI

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11. "Start Free Stay Free AIDS Free 2019 Report," UNAIDS, Geneva, 2019, p. 6. "The number of new HIV infections among adolescent girls and young women, many of whom become mothers, remains too high".
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Isiphetho

Inhlanganiso zenkolo zimqoka kakhulu ekufezweni kwenhlelo zamalungelo ezempilakahle mayelana lezemacansini lezozalo emazweni ethu. Silamalunga amanengi kakhulu, ingcwethi lezinsizakusebenza kanye lokuzimisela ukudlala indima enhlelwani eziyimpumelelo. Sikhuthazwa lokholo kanye lamavolontiya amanengi azimiseleyo, silakho ukunika ubukhokheli kuzo zonke inhlelo zokulwela amalungelo ezempilakahle aphathelane lezemacansini lezozalo emazingeni emuli, ezigaba, amazwe linye ngalinye kumbe amazwe ethu ewonke. Ukholo lwethu ligazi lethu. Lusekela luhphinde lukhokhele indlela esibhekana ngayo lendaba zamalungelo ezempilakahle mayelana lezemacansini lezozalo. Luvusa amadlabuzane ethu luhphinde lusikhanyisele kulezondaba ezinzima okungavunyelwana ngazo. Ukholo lwethu lukhokhela ukuphatheka kwethu endabenzi zamalungelo ezempilakahle mayelana lezemacansini lezozalo kuphinde lusincedise ukwaba ukuqiniseka kwethu ukuthi ukuphatheka kwethu kusakhela insika ezanceda ukusungulweni kwenhlelo ezilamadlabuzane njalo ezifezekayo emazweni ethu wonke.

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